

Crystallographic Studies on The Stability of Pharmaceutical Compound

Rizwan1,*

Abstract

Crystallographic studies provide detailed insights into the molecular structure and intermolecular interactions within a crystal lattice, which are key determinants of a compound's stability. By analyzing crystal structures, researchers can identify potential polymorphs, solvates, and hydrates that may impact the physical and chemical stability of the drug. This knowledge helps in optimizing formulation strategies, predicting shelf life, and ensuring consistent drug performance. Advanced techniques like X-ray diffraction and neutron diffraction are commonly used to obtain high-resolution structural data, facilitating the design of more stable and effective pharmaceutical products. Furthermore, these studies aid in identifying potential polymorphs, solvates, and hydrates that could impact the drug's performance, thereby guiding the development of more stable and effective pharmaceutical products.

Keywords: Crystal structure, crystallography, polymorphism, solid-state stability, structure-property relationship; thermodynamics

INTRODUCTION

Pharmaceutical compounds, whether they are active pharmaceutical ingredients (APIs) or excipients, often face challenges regarding their stability. Because it affects the drug product's efficacy, safety, and shelf life, stability is a crucial quality. A number of variables, including light, temperature, humidity, and mechanical stress, can affect how stable these molecules are. Crystallography, the study of crystal structures and their properties, plays a vital role in understanding and enhancing the stability of pharmaceutical compounds.

IMPORTANCE OF STABILITY

The stability of pharmaceutical compounds is essential for several reasons: Efficacy: Stable compounds maintain their therapeutic efficacy throughout their shelf life. Safety: Degradation products can be toxic; hence, stability ensures that the drug remains safe for consumption. Regulatory Compliance: Regulatory agencies require stability data to approve drugs and their storage conditions. Shelf Life: Longer shelf lives result from improved stability, which also saves waste and guarantees a steady supply.

*Author for Correspondence

Rizwan

E-mail: rizwan@lingayasvidyapeeth.edu.in

¹Assistant Professor, Department of Chemistry School of Basic & Applied Sciences, Lingaya's Vidyapeeth, Faridabad, Haryana India

Received Date: July 23, 2024

Accepted Date: July 26, 2024

Published Date: September 18, 2024

Citation: Rizwan. Crystallographic Studies on The Stability of Pharmaceutical Compound. International Journal of Crystalline Materials. 2024; 1(1): 38–42p.

Crystallography's Function

Research on crystallography offers comprehensive understanding of the atomic and molecular structure of medicinal substances. These understandings are essential for: Changes in form Recognition: Pharmaceutical substances are known to exist in polymorphs, or different crystalline forms. Variations can be seen in the stability, solubility, and bioavailability of different polymorphs. These polymorphs can be recognized and described with the use of crystallography. Analyzing Structure: Scientists can ascertain the

intermolecular interactions that lead to stability by comprehending the crystal structure. This encompasses van der Waals forces, π - π interactions, and hydrogen bonds. Phase Transitions: Crystallography can monitor phase transitions that may occur during manufacturing or storage, such as transitions from crystalline to amorphous forms, which can affect stability. Formulation Development: Insights from crystallographic studies aid in the design of stable formulations by selecting appropriate excipients and processing conditions.

Techniques in crystallography

Several crystallographic techniques are employed to study the stability of pharmaceutical compounds: X-ray Powder Diffraction (XRPD): XRPD is used to identify and quantify different polymorphic forms and monitor phase changes. Single Crystal X-ray Diffraction (SCXRD): SCXRD provides high-resolution structural information, essential for detailed molecular understanding. Neutron Diffraction: Useful for locating hydrogen atoms and understanding hydrogen bonding, which is critical in stability studies. Cryo-electron Microscopy: While traditionally used in biological systems, advancements have made it useful in studying pharmaceutical compounds at near-atomic resolution.

Drug Development

Quality control: Routine use of XRPD in quality control ensures consistent production of the desired polymorphic form. *Regulatory Submission:* Stability data derived from crystallographic studies are often included in regulatory submissions to justify shelf life and storage conditions. grasping and guaranteeing the stability of pharmaceutical substances requires a thorough grasp of crystallographic investigations. By providing detailed insights into the molecular arrangement and interactions, crystallography helps in developing stable, effective, and safe pharmaceutical products. As the field advances, the integration of new techniques and technologies will continue to enhance our ability to study and improve the stability of these essential compounds.

LITERATURE

Research on crystallography is essential to comprehending the stability of medicinal substances. Recent literature highlights several key areas: Polymorphism and Stability: Different polymorphs of a given active pharmaceutical ingredient (API) exhibit varying physical and chemical properties, influencing drug stability and efficacy. Figure 1. Shown: Stability Studies. Studies focus on high-pressure experiments and their effects on crystallographic structure

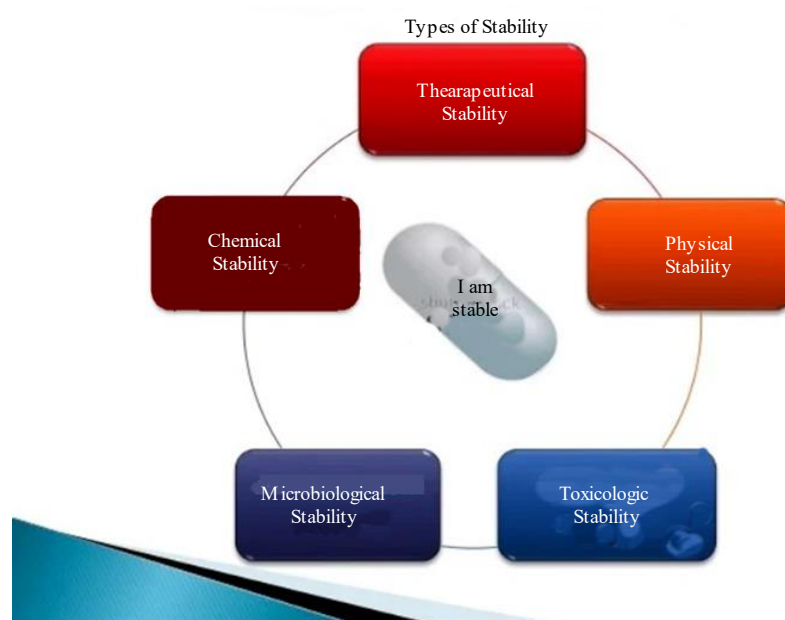


Figure 1. Shown: stability studies.

Cocrystal Engineering

Designing cocrystals and salts with ideal structural characteristics is challenging but essential for enhancing drug stability. Researchers focus on using non-covalent forces like hydrogen bonds to create stable supramolecular structures

Thermal Stability and Solvent Effects

The choice of solvents and synthesis methods significantly impacts the thermal stability and structural integrity of pharmaceutical compounds. For example, compounds synthesized with aromatic carboxylic acids and solvents like acetone show improved stability

For a more comprehensive review, consider exploring articles on high-pressure experiments and systematic reviews on the stability of finished pharmaceutical products.

METHODOLOGY

Understanding the stability of medicinal substances requires an understanding of crystallographic investigations. These investigations shed light on the molecular and crystal structures, which may affect the chemical and physical stability of the medication.

The Methodology Generally Involves Several Key Steps

Sample Preparation

Purification: Ensure the compound is pure. Impurities can affect crystallization and the resulting crystal structure. *Crystallization:* Grow high-quality single crystals suitable for X-ray diffraction. This may involve screening various solvents, temperatures, and crystallization techniques (e.g., vapor diffusion, slow cooling, solvent evaporation).

Data collection

X-ray diffraction: Use an X-ray diffractometer to collect diffraction data from the crystal. Rotate the crystal and collect diffraction patterns at various angles. *Cryogenic Temperatures:* Often, data is collected at cryogenic temperatures to reduce thermal motion and radiation damage.

Data Processing

Indexing and integration: Process the diffraction data to determine the unit cell parameters and integrate the intensity of the diffraction spots. *Scaling and Merging:* Scale the data to account for variations in intensity and merge multiple datasets if necessary.

Structure solution

Phase determination: Solve the phase problem using methods like direct methods, Patterson methods, or molecular replacement. *Initial Model Building:* Generate an initial model of the atomic positions within the unit cell.

Refinement

Model Refinement: Refine the initial model against the observed data to improve the accuracy of the atomic positions and thermal parameter. This entails modifying the model in order to reduce the discrepancy between the calculated and observed diffraction patterns. *Validation:* Validate the refined model using tools like R-factors, electron density maps, and validation software to ensure the model accurately represents the crystal structure.

Analysis and interpretation

Structural Analysis: Analyze the refined structure to understand the molecular conformation, intermolecular interactions, and packing in the crystal lattice. *Stability Assessment:* Evaluate factors influencing stability, such as hydrogen bonding, van der Waals interactions, and potential polymorphs.

Documentation

Prepare a detailed report including experimental conditions, crystallographic parameters, data collection and processing details, refinement statistics, and structural analysis.

Depositing data

Deposit the crystallographic data in a public database like the Cambridge Crystallographic Data Centre (CCDC) for future reference and reproducibility. By following these steps, crystallographic studies can provide comprehensive information on the stability of pharmaceutical compounds, aiding in the design and development of more stable and effective drugs.

APPLICATIONS

Crystallographic studies play a crucial role in understanding the stability of pharmaceutical compounds. These studies involve analyzing the crystal structure of a compound to gain insights into its physical and chemical properties. Here's how crystallographic studies are applied to the stability of pharmaceutical compounds:

Polymorphism Analysis

Identification of Polymorphs, Crystallographic studies help identify different polymorphic forms of a compound. Each polymorph can have distinct stability, solubility, and bioavailability profiles. Stability Assessment, Determining which polymorph is the most stable under various conditions (temperature, humidity) is crucial for the drug's shelf life.

Solvates and hydrates

Characterization of Solvates/Hydrates, Crystallographic techniques can identify whether a compound exists as a solvate or hydrate, which can affect its stability. Stability Monitoring, Understanding how these forms change over time or under different environmental conditions is essential for predicting stability.

Salt Forms

Selection of Optimal Salt Form, Many drugs are formulated as salts to enhance their stability, solubility, and bioavailability. Crystallographic studies help in selecting the most stable salt form. Stability Testing: evaluating the stability of several salt forms to make sure the form selected stays stable for the duration of the medication's shelf life.

Amorphous vs. crystalline forms

Stability Comparison, Amorphous forms often have higher solubility but lower stability compared to crystalline forms. Crystallographic studies help in comparing these forms and determining the best option for formulation.

X-ray Crystallography

The most used technique for ascertaining a crystal's atomic and molecular structure. provide comprehensive details about the atomic configuration and molecular geometry. Single-Crystal X-ray Diffraction (SC-XRD), Used for high-resolution analysis of crystal structures. Essential for identifying polymorphs and solving complex crystal structures. Powder X-ray Diffraction (PXRD), Used for studying polycrystalline materials. Useful for screening polymorphs, solvates, and hydrates.

Impact on drug development

Regulatory Compliance, Regulatory agencies require detailed crystallographic data for the approval of new drugs. Quality control makes ensuring that a pharmaceutical product is consistent and of high quality throughout its entire life. Intellectual Property, Helps in patenting specific polymorphs or crystal forms, providing a competitive advantage. They provide critical insights that guide formulation development, regulatory submissions, and intellectual property strategies.

CONCLUSION

Crystallographic studies on the stability of pharmaceutical compounds provide invaluable insights into the physical and chemical properties of these substances. By analyzing the crystal structures, researchers can determine how a compound interacts at the molecular level, which is crucial for understanding its stability under various conditions. The conclusion of such studies typically encompasses several key findings: Structural Insights, Detailed information about the three-dimensional arrangement of atoms within the compound, revealing how this arrangement influences stability. Polymorphism, Identification of different polymorphic forms of the compound, which can have distinct stability profiles, solubilities, and bio availabilities. Stability Factors, Understanding of how various factors such as temperature, humidity, and pH affect the compound's stability, guiding optimal storage and handling conditions. Interaction with excipients, insights into how the compound interacts with excipients, which can affect the overall stability of the pharmaceutical formulation. Degradation Pathways, Identification of potential degradation pathways, helping in the design of more stable pharmaceutical products. Implications for Drug Development, The findings provide critical information for drug development, influencing formulation strategies, shelf-life determination, and regulatory approval processes. In conclusion, crystallographic studies are a powerful tool in the pharmaceutical industry, offering detailed molecular insights that are essential for developing stable, effective, and safe pharmaceutical products.

REFERENCES

- 1 Benjamín-Rivera JA, Cardona-Rivera AE, Vázquez-Maldonado ÁL, et al. Exploring serum transferrin regulation of nonferric metal therapeutic function and toxicity. *Inorganics*. 2020; 8:1-35.
- 2 Sapkal SB, Adhao VS, Thenge RR, et al. Formulation and characterization of solid dispersions of etoricoxib using natural polymers. *Turk. J. Pharm. Sci.* 2020; 17(1):7–19.
- 3 Softley CA, Bostock MJ, Popowicz GM, et al. Paramagnetic NMR in drug discovery. *J. Biomol. NMR*. 2020; 74:287-309. 4.
- 4 Braun DE, Vickers M, Griesser UJ. Dapsone Form V: A Late Appearing Thermodynamic Polymorph of a Pharmaceutical. *Mol Pharm*. 2019; 16(7):3221-3236.
- 5 Gruene T, Mugnaioli E. 3D Electron Diffraction for Chemical Analysis: Instrumentation Developments and Innovative Applications. *Chem Rev*. 2021;121(19):11823-834p.
- 6 So HS, Matsumoto S. Three differently coloured polymorphs of 3,6-bis(4-chlorophenyl)-2,5-dipropyl-2,5-dihydropyrrolo[3,4-c]pyrrole-1,4-dione. *Acta Crystallogr B Struct Sci Cryst Eng Mater*. 2019 ; 75:414-22p.
- 7 Gautam R, Astashkin AV, Chang TM, et al. Interactions of metal-based and ligand-based electronic spins in neutral tripyrindione π dimers. *Inorg. Chem*. 2017; 56: 6755–62p.
- 8 Chakraborty S., Hosen I., Ahmed M., et al. Onco-Multi-OMICS approach: A new frontier in cancer research. *BioMed Res. Int*. 2018; 9836256.
- 9 Dunn BK, Meerzaman D. Editorial: Using cancer ‘omics’ to understand cancer. *Front. Oncol*. 2020;10:1-4..
- 10 Stadtmauer EA, Fraietta JA, Davis MM, et al. CRISPR-engineered T cells in patients with refractory cancer. *Science*. 2020; 367:987.
- 11 Loza-Rosas S.A., Saxena M., Delgado Y., et al. A ubiquitous metal, difficult to track: Towards an understanding of the regulation of titanium(IV) in humans. *Metallomics*. 2017;9:346–56p.
- 12 Gaur K., Vázquez-Salgado A.M., Duran-Camacho G., et al. Iron and copper intracellular chelation as an anticancer drug strategy. *Inorganics*. 2018; 6:126.
- 13 U.S. National Library of Medicine: ClinicalTrials.gov. ClinicalTrials.gov is a Database of Privately and Publicly Funded Clinical Studies Conducted around the World. [(accessed on 1 December 2020)]; Available online: <https://clinicaltrials.gov/ct2/home>
- 14 Thomae SLJ, Prinz N, Hartmann T, et al. Pushing data quality for laboratory pair distribution function experiments. *Rev. Sci. Instruments*. 2019; 90:043905.
- 15 Saha T, Masum ZU, Mondal SK, et al. Application of natural polymers as pharmaceutical excipients. *Global J. Life Sci. Biol. Res*. 2018; 4.