

## Home Interior with a Vintage Style

Ashmita Thakur<sup>1,\*</sup>, Deepti Pande Rana<sup>2</sup>, Suparna Sircar<sup>3</sup>

### Abstract

*Vintage style originated in France and is a fusion of modern and classic styles. The vintage style is distinguished by using natural materials like wood and distressed wood. Furniture and decor in a vintage style can be created with artificially aged furniture or natural materials. Conclusion Vintage interior design has always been a popular and appealing trend, as well as a fun way for people to express themselves while decorating their homes. The use of furnishings and design elements from earlier eras to produce a pre-modern design aesthetic in a space is the definition of vintage interior design. Because the 1960s, 1970s, and 1980s were widely regarded as the most significant decades in terms of fashion, music, style, and influence, many people today have a special fondness for retro interior design. Interior design trends over the years have undoubtedly been influenced by the numerous advances in music and fashion, and as time goes on, we are starting to see more daring designs. These days, it is encouraged to look back and interpret previous trends through interior design. A vintage interior design style helps express individuality and inspires connections to the past by deviating from modern trends.*

**Keywords:** Pastel colors, distressed furnishings, nostalgia, natural materials, natural wood

### INTRODUCTION

The most common way to design and decorate your home in a vintage style is to use color schemes, accessories, and vintage furniture. In fact, many interior design trends, such as shabby chic, mid-century modern, French country, art deco, retro, and industrial, feature vintage- or vintage-inspired decor and furnishings. Depending on the era under consideration, vintage design also varies considerably. For instance, one retro interior design trend recalls nostalgia and the nostalgic, vintage appeal connected to the 1940s and 1950s.

#### \*Author for Correspondence

Ashmita Thakur  
E-mail: ashmita.thakur@s.amity.edu

<sup>1</sup>Student, Bachelor of Interior Design, Department of Architecture, Amity School of Architecture and Planning, Amity University, Lucknow Campus, Uttar Pradesh, India

<sup>2</sup>Associate Professor, Department of Architecture, Amity School of Architecture and Planning, Amity University Lucknow Campus, Uttar Pradesh, India

<sup>3</sup>Professor, Amity Department of Architecture, School of Architecture and Planning, Amity University Lucknow Campus, Uttar Pradesh, India

Received Date: April 17, 2023

Accepted Date: June 26, 2023

Published Date: June 29, 2023

**Citation:** Ashmita Thakur, Deepti Pande Rana, Suparna Sircar. Home Interior with a Vintage Style. International Journal of Rural and Regional Development. 2023; 1(1): 48–57p.

Natural materials like wood, including painted and distressed wood, and natural fabrics like linen wool and cotton distinguish the vintage style [1]. Furniture that has been lovingly restored or that has been artificially aged, typically made of wood and upholstered fabrics. Since it was handed down from grandparents, this fashion has an elegant and vintage appearance. Beautiful, flowing lines and a muted color scheme define its femininity and softness. Vintage was born in the mid-twentieth century as a fusion of modern and classic styles. Its goal was to design a living space that embodied the beauty of lightness, simplicity, comfort, and nostalgia. This is a very romantic style. Vintage has been defined as a word meaning “old.” It is currently used in a variety of fields, including fashion, interior design, photography, and graphics. It can be described as a vintage style.

## ORIGIN OF VINTAGE STYLE

The Vintage style originated in France and swiftly extended across numerous artistic fields, including music, fashion, and interior design (Figure 1). The design movement is very new, but it has already established itself as a strong challenger to another trend in design decisions.

Vintage characteristics include femininity and elegance. It also has amazing historical charm, like the antique brass candlestick's patina [2]. In addition to antique dishes, fabrics, and furniture, this style calls for a distinctive master's approach and skills. It should be a grandeur expert in this field. Vintage has recently gained popularity. As a result, several manufacturers sell artificially aged furniture. There are a few frayed metal household items, cracked paint on wooden surfaces, and somewhat greenish copper in the store.

## VINTAGE INTERIOR DESIGN STYLE ELEMENTS

A space that was designed in a bygone era has an air of grace and elegance as well as a peaceful nostalgia that comes from the way each component works together. Here are some key elements of vintage interior design, along with some decorating ideas to get you started.

### Flooring Made of Wide Plank Wood or Wood -Look Plank

For homes with a vintage aesthetic (Figure 2), wide planks on wood floors are ideal. The larger planks show more of the wood's grain and have more knots and flaws. These details give a place personality and rustic charm [3]. Our wood collections at Tarkett offer vintage-style flooring options that combine the allure and intricateness of antique hardwood floors with all the benefits of contemporary flooring for an immediate rustic, lived-in appearance. Retro furniture and rescued flooring have weathered surfaces that have been replicated. The floor's saw marks, indentations, and other worn features create the sense that it has been trod on for a long time.



**Figure 1.** Vintage theme room.



**Figure 2.** Vintage aesthetics.

### **Color Scheme in Pastels**

This era's vintage color palette is soft and feminine. The colors duck-egg blue, gentle pinks, and lilacs, as well as soft greys and pastels, are frequently placed over white, cream, and beige. A wallpapered accent wall with a flowery pattern can enhance a modest color scheme to give the space even more vintage appeal.

### **Distressed Furnishings**

Incorporate wooden (Figure 3) furniture with natural or artificial distressing for a vintage look soft chairs and sofas with wooden frames and circular carved legs [4], as well as wardrobes, bedside tables, and coffee tables with drawers and carved handles, are examples of vintage furniture. Vintage things like glassware and silverware look best when displayed in large wooden and glass cabinets.



**Figure 3.** Distressed furniture.

---

## Vintage Decorating Ideas

To add some finishing touches, here are some suggestions for decorating in a vintage style.

### Floral Designs

For a vintage appearance, floral patterns are essential. Pillows, upholstery, and even fabrics with faded flower patterns and a soft, pastel color scheme are examples of this. Think about combining patterns of flowers with other plants, birds, and butterflies.

### Crystal Chandelier

A decadent glass chandelier will bring a touch of glitz and femininity to your space decorated in the vintage style.

### Fabrics

The vintage vibe is enhanced by long, graceful vintage curtains (Figure 4), delicate lace napkins on nightstands and dressers, floral-upholstered furniture, accent pillows and throws, bedding made of vintage materials, and natural-fiber area rugs in soft, neutral tones.

## HOW TO DETERMINE WHAT A "VINTAGE DESIGN STYLE" IS

What is vintage style? (Figure 5) Although where and when you were born may influence how you view the world, everyone has their own idea of what it means to be “old.” There are three factors that influence whether something appears “vintage” or “old-fashioned,” and they are nostalgia, the impression of age, and visual style. These three components cooperate to create a classic plan that shows up all things considered or retro in some sense. For instance, a designer can use 1950s design elements like fonts and mid-century graphics to give anything a retro art style or graphics design. They can then combine this with aged textures to create an aged look [5]. The element of nostalgia plays a role in the audience that you are aiming for. Marketers and designers target specific demographics with vintage products to take advantage of people’s nostalgia for their own childhoods and their parents’ younger years.



**Figure 4.** Bedroom.



**Figure 5.** Vintage elements in a room.

### **WHAT ARE THE FEATURES OF VINTAGE INTERIOR?**

First, it ought to have a lot of decorative components. For instance, antique mirror frames, patterned fabric, dishes (which may be vintage) [6], vases, clocks, and other items will all look magnificent. The most important thing is to prevent fussiness and congestion. It is essential to produce a stunning compilation that reflects the mood of the time.

Flowers and vintage interiors have a close relationship (Figure 6). It could be a bouquet of hothouse roses or field daisies. In crystal or metal vases, the composition is placed. But if you have dried flowers, a ceramic vase or wicker basket would be a better choice.



**Figure 6.** Living room showcasing vintage theme.

However, the bouquet must be placed in such a way that it does not appear to be a piece of art but rather haphazard, as if it has recently been blown around by the wind. to achieve perfection.

*Gamma Color:* The atmosphere of the composition [7] should have one dominant color. Vintage people usually like white, beige, lilac, and other light shades from blue gray to gray green.

## **VARIOUS VINTAGE MATERIALS**

Everything must follow one idea, including the floors, walls, and ceilings. For instance, ceilings must only be natural. As a result [8], you cannot use plastic panels or stretch ceilings. Cracks and other imperfections in the ceiling would be especially beneficial. It produced a unique, graceful mood and charming interior.

Also made of natural wood or parquet is the floor. Additionally, the interior mood will match the artificially aged tail. Cracks, chips, and frays are acceptable as well, but everything must adhere to logical frameworks. There are only two possible wall designs: monochromatic or wallpapered with patterns. It is crucial to focus on the appropriate furniture and accessories if you choose to cover them entirely in white. There is a definite pattern here: the less color there is, the more design elements there are.

The wallpapers may be a crucial element that serves as a source of creative inspiration. You will be motivated by their color to make other crucial interior components. Generally speaking, there are three types of vintage wallpaper:

1. Subtle pastel colors with bird, flower, and butterfly motifs. Additionally, you may employ intricate Japanese-inspired illustrations that masterfully blend profundity with simplicity.
2. Wallcoverings with a sizable design in contrast. You may discern elements of modernism in this. However, just one wall has this color on it; the other walls are all one color [9]. On the other hand, Vintage has made extensive use of these materials, covering all the walls in a uniform manner.
3. The elegant, traditional colorful pattern that is not very contrasting.

This retro space tries for balance. It involves both planning specifics and decorating design. The placement of the furnishings should reflect the proper atmosphere. This interior can make use of everything that has been left unused in the attic. These are worn-out dining tables, commodes, and chests, as well as ancient mirrors. In some circumstances, fake cracks, scuffs, and scratches produce good results.

It's not necessary to style your entire home in one aesthetic, according to the vintage decorating tip. Just one area—the office, living room, or bedroom—needs to be decorated. Additionally, even one Vintage component may set the tone for the entire kitchen or living space.

This can be a kettle, an antique iron, or a spinning wheel. Because it is readily available and simple, vintage style allows you the chance to highlight your originality and set a certain tone without spending a lot of money.

## **SIX VINTAGE INTERIOR DESIGN LOOK TO RECALL THE PAST!**

We can retell stories from the past and make meaningful connections to our cultural heritage by decorating our homes with historic items. However, if you thought that vintage home design was just putting together a collection of antiques, think again.

You need to be able to find the right balance and combine the old and the new in your home in order to make it useful in the society of today. We have compiled a list of some of the best-kept vintage decorating secrets as a result; Continue reading to learn how to begin!

### **Vintage Furniture**

Designing with heart and looking to the past are central to vintage decor. Select furniture that has a story to tell. The attics of your parents or grandparents should be your first stop for looking for these pieces of furniture.

You are certain to run over one of a kind inside plan prizes that have exceptional significance for your family.

### **Choose Old Vintage Items**

Emphasize pieces ought to feature the time and tie the outfit together. Lighting sconces, artwork, and mirrors can all help you create the antique interior design mood you want.

Even though the bed is the focal point of this beautiful bedroom, the side units and decorative mirrors help convey the theme. The warm and charming pastel color scheme is something we adore.

### **Colors**

Color is important. Choose your vintage interior design colors and styles carefully, and try to achieve a layered look that brings out all of your furniture and accessories' subtle details. Colors like emerald, green, turquoise, ruby red, and orange are popular choices for rich jewel tones in vintage décor. In the living room depicted in the image below, blue and orange furniture form an unexpected vintage interior design style combination that still works well together.

### **Vintage Lighting**

Lighting fixtures for the ceiling and walls should be selected appropriately. For this aesthetic, wrought iron wall sconces in the classic style and crystal chandeliers are ideal selections. If you want to add to the ambiance, you are trying to create, consider using Edison filament lamps in your study room design.

### **Drapes and Carpets**

The rest of the room's retro (Figure 7) interior design can be influenced by the room's heavy curtains and vintage carpets.



**Figure 7.** Carpets and rugs.

---

Rich Persian rugs with beautiful raw silk drapes and intricately crafted workmanship look fantastic in a dated setting. A rich crimson floral carpet takes center stage in this modern vintage interior design-inspired dining room, which is decorated in classical tones.

### **Strike Gold**

Try not to avoid gold accents, bronze or metal fittings and apparatuses. A metallic finish that is inspired by retro and vintage interior design and has a patina that has aged well adds to the antique atmosphere of any space. When thinking about different ways to [10] design a pooja room, for example, you can add charming accessories like gilded pictures or portraits, mirrors with wrought iron frames, or jewelry boxes with brass decorations. The living room's vintage interior design is enhanced by gilded furniture accents or handles finished in gold.

### **IDEAS FOR USING VINTAGE DECOR IN YOUR HOME**

1. Create a vintage interior design theme that speaks to today's world while still capturing the essence of the past rather than simply recreating a room from the past.
2. In flea markets or demolition yards, you can find surprising-quality antique furniture at bargain prices. Find vintage bedroom interior design items that can be fixed or restored.
3. If you live in a building, you can assemble the entire room around the individual pieces that capture your heart.
4. Choose antiques that have stood the test of time and are well-made. Wood that is rotting or falling apart can't be made new, and it's hard to fix too much rust, especially when it is in your hallway's entrance.
5. Layering eras and periods is an option, but keep it within a range. For timeless décor, add some modern, vintage-style interior design items. The styles ought to complement one another well and not appear to be vying for attention.
6. To avoid making your 2-BHK home appear unkempt, try to tie together design elements that mix and match with similar colors and details.
7. Last, but certainly not least, follow your heart! It must be right if you love it and feel right about it.

### **LITREATURE STUDY**

Inside a South Mumbai 3-BHK house that expertly combines modern and historic components The residence, which Purvi Shah Interiors designed, has a retro aesthetic because it is furnished with priceless heirlooms.

A couple in their 60s wanted their dream home to represent their love of travelling while also striking a balance between traditional and modern. Their three-bedroom house on Hilltop Road in Worli, South Mumbai, was transformed into a pastel-colored sanctuary filled with artwork, artefacts and furniture's from their personal collections by Purvi Shah, principal architect at Purvi Shah Interiors. Additionally, the proprietors wanted to use an Art Deco style design.

The architecture maximizes the movement of natural light. One of the bedrooms has been turned into a den, which can be used as an area for entertainment and easily converted into a third bedroom if needed. This apartment was designed to accommodate the needs of the couple's overseas children when they come to visit. Several custom-made additions were brought in by the team from Mumbai's ZJM Exports furniture store while throughout the home's various rooms, flooring made of marble, wood, and Jaisalmer stone has been installed.

You are welcomed inside by a solid wooden door with slats and an Art Deco mirror. An art deco sofa with a vibrant lime green color is the focal point of the living room. This stands out beautifully against the other furniture's darker tones. Some of the other prominent pieces in this space include a

painting by S. H. Raza and a cabinet that the clients chose during one of their visits to Sri Lanka and was later restored and turned into a bar. The living room is finished off with Chippendale chairs, a blue Persian carpet, and Taher ally's lighting.

The crisscross geometric pattern of the table is softened by the floral pattern on the chairs in the adjacent dining room. The bonsai planters owned by the homeowners add a natural element to the room.

Current machines are introduced in the measured kitchen, which is beautified totally in white with blue accents, particularly on the grounds that the woman of the house appreciates baking.

Warm (Figure 8), wooden flooring and a color scheme in the background defines the main bedroom. A railing was added after the balcony was enclosed-adding a touch of Art Deco. The lavish bathrooms that are adjacent are being built. to match the translucent pink wall lights that appear when, illuminated, the bathroom contains his and hers sinks as well as bright white cabinetry, according to Shah. The guest bedroom was furnished with South African furnishings of the clients' choosing. A home theater and a den were added to the third room, which also serves as a bedroom. Purvi claims that the sliding doors were constructed of wood to match the room's interior and the Raza painting. This property is one of a kind because it expertly combines the old and the new. Individuality because all the materials fit with the pastel color scheme.



**Figure 8.** A Victorian-style mirror and grey veined marble give the guest bedroom an opulent appearance.

---

## CONCLUSION

Vintage interior design has always been a popular and appealing trend, as well as a fun way for people to express themselves while decorating their homes. The use of furnishings and design elements from earlier eras to produce a pre-modern design aesthetic in a space is the definition of vintage interior design. Because the 1960s, 1970s, and 1980s were widely regarded as the most significant decades in terms of fashion, music, style, and influence, many people today have a special fondness for retro interior design. Interior design trends over the years have undoubtedly been influenced by the numerous advances in music and fashion, and as time goes on, we are starting to see more daring designs. These days, it is encouraged to look back and interpret previous trends through interior design. A vintage interior design style helps express individuality and inspires connections to the past by deviating from modern trends.

## REFERENCES

1. Alex. (2015). Vintage style interior design ideas. [Online] Available at <https://bestdesignideas.com/the-vintage-style> [Accessed on July 2023]
2. Balasubramanyam U. (2021). 6 Vintage interior design idea to turn back the clock in your home décor! [Online] Available at <https://www.homelane.com/blog/interiors-101-vintage-home-interior/> [Accessed on July 2023]
3. Fussell G. (2020). A guide to vintage design style. [Online] Available at <https://design.tutsplus.com/articles/the-potted-guide-to-vintage-design-styles--cms-26986> [Accessed on July 2023]
4. Rao B. (2022). Inside a 3-BHK home in South Mumbai that marries modern and vintage effortlessly. [Online] Architectural digest. Available at <https://www.architecturaldigest.in/story/inside-a-3-bhk-home-in-south-mumbai-that-marries-modern-and-vintage-effortlessly/> [Accessed on July 2023]
5. Tarkett. (n.d.). Vintage style interior design tips. [Online] Available at [https://home.tarkett.com/en\\_EU/node/vintage-style-design-tips-8847](https://home.tarkett.com/en_EU/node/vintage-style-design-tips-8847) [Accessed on July 2023]
6. Arsel Z, Bean J. Taste regimes and market-mediated practice. *J Con Res.* 2013; 39 (5): 899–917. doi: 10.1086/666595.
7. Whitesides M. *Wicker design.* Layton, UT, USA: Gibbs Smith; 2003.
8. Soleas GJ, Pickering GJ. Influence of variety, wine style, vintage and viticultural area on selected chemical parameters of Canadian icewine. *J Food Agric Environ.* 2007; 5 (3/4): 97.
9. Curraj E. Vintage design furniture in Albania, a new retro design paradigm in the post-communist era. *Eur J Eng Formal Sci.* 2019; 2 (1): 39–49.
10. Douglas D, Cliff MA, Reynolds AG. Canadian terroir. *Food Res Int.* 2001; 34 (7): 559–563. doi: 10.1016/S0963-9969(01)00071-0.